



## ENFORCING SOCIAL DISTANCING

### WE ARE IN THIS TOGETHER!

Social distancing is not just about keeping you from getting the virus. It is also to prevent spreading the virus if you are a carrier.

It is EVERYONE'S job to enforce social distancing on our projects. **Employees, supervision, inspectors, subcontractors, and ALL others, have the responsibility of practicing social distancing!**

#### Social Distancing Is:

- Maintaining a minimum SIX FOOT radius from everyone
- Minimizing contact as much as possible
- Staying home if you are sick
- Remaining out of congregate settings (places where people gather occasionally or without a prevailing pattern in terms of time, place, or membership)
- Avoid mass gatherings

#### Social Distancing Is NOT:

- Shaking hands
- Traveling in groups, including driving to or from work
- Riding in vehicles/equipment together on the job
- Sharing items such as but not limited to: phones, keys, pens, PPE, vehicles, tools
- Sharing food or drinks
- Gathering in groups to socialize

#### Other Good Practices:

Washing hands regularly

Sanitizing equipment before you exit the cab

Staying home if you are sick

Following CDC recommendations

### IF YOU HAVE QUESTIONS OR CONCERNS

Contact Tia at (304) 203-2243 or [mreppert@bear-contracting.com](mailto:mreppert@bear-contracting.com)

We will not respond to questions seeking medical advice. Employees with questions about

## Submit Questions or Concerns

- The operations of Bear Contracting and Bear Utilities fall under the category of ESSENTIAL INFRASTRUCTURE in the Executive Order 9-20 issued by the Governor on March 23, 2020. Bear will continue to perform its essential services based upon the evolving guidelines by the controlling governmental entities and to the extent the projects can proceed safely.
- At this time, all operations will continue using social distancing and other precautions implemented in the original COVID-19 memo to employees. Currently, our projects throughout the state of West Virginia, as well as operations outside of the state, are functioning and will continue as the Federal, State and local governments, and Center of Disease Control and Prevention (CDC) allow.
- If an employee is confirmed to have COVID-19, we will inform fellow employees of their possible exposure to COVID-19 in the workplace, but maintain confidentiality as required by the ADA.
- We would like to remind all employees to follow guidelines provided by the CDC at ([www.cdc.gov](http://www.cdc.gov)). We highly urge employees whose job duties allow it, to contact their supervisor and coordinate plans so that you may temporarily work remotely effective immediately.
- Employees with questions about COVID-19 should consult their health care provider or call the State's 24/7 COVID-19 hotline: 1-800-887-4303. General information is also available from the West Virginia Department of Health & Human Resources at [www.coronavirus.wv.gov](http://www.coronavirus.wv.gov). Please check our website ([www.bear-contracting.com](http://www.bear-contracting.com)) for updates, as we are monitoring the COVID-19 crisis daily.